



Our World

Week Beginning: Monday 17 May 2021



This Week in Our World...

This week the focus of **‘Our World’** is Mental Health Awareness Week which was last week, 10 – 16 May 2021.

However, Mental Health is a focus that is ongoing at WPS and it is a good time to discuss it and think about how we all are, especially after such an unusual year.



2021

The theme this year is nature and the environment and how connecting with nature can help our mental health and wellbeing.

Watch  :

<https://www.youtube.com/watch?v=TdDioDtjkis&t=111s>

Mental Health



2021

Have a discussion as a class about what you already do outside that relates to nature and what you would like to do to help your mental health and wellbeing. If time and the weather allows, go for a walk around the running track and take in the nature around you.

Watch :

<https://www.bbc.com/ownit/curations/mental-health-awareness-week-2021>

(click on the Plant a seed for your mind clip)



Article of the Week

Article 19

Continuing our Rights Respecting work and looking at different Articles, this week's article links with keeping children safe

Article 19 – protection from violence, abuse and neglect

Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.



Article of the Week

Article 19

Activity:

We talk about 'trusted adults' in school. Write a list of words or phrases about what trust feels like and looks like to you.

As part of Creative Arts Week, use some of your ideas to make a piece of art or write a poem about trust. You could mention Article 19.



protection

Protection

Noun – the action of protecting, or the state of being protected

