

12.7.21

We hope you have all had a lovely weekend enjoying Summer activities, even though the weather seems to remember it is Summer only intermittently! As I write this, I am not sure if the nation will be celebrating our sporting achievements or not. I hope so!

We enjoyed being sporty ourselves last week. The children did very well in their races. We hope it was a fun introduction to sports days for the children. The children also enjoyed talking about different kinds of foods and making a fruit salad. I will add some photos to next week's newsletter.

Although the children are still enjoying learning about mini-beasts and life in the garden, over the next couple of weeks we are going to continue to focus on healthy living and start to think about holidays and journeys. Hopefully, the weather will stay fine, and we can enjoy lots of outdoor fun and water play. We do encourage children to wear water aprons, but it would be a good idea to make sure the children still have a spare outfit on their pegs over the next couple of weeks in case some get a bit too soggy!

Children who are transitioning to school are going to have a story with their new teacher on Tuesday. They are also due to receive their end of Nursery Reports on Friday. Please look out for those.

Best wishes

Ellie Green & Kelly McIlroy



## Your children might like to make **Caterpillar Salad**

We have been revising 3D shapes over the last couple of weeks. If you have an apple corer this is a great context to talk about cylinders! Last week we talked about eating fruit and vegetables to help us keep healthy. We also sorted fruit and vegetables, perhaps your children might like to do some fruit and vegetable sorting at home and decide on the tricky ones!



## Caterpillar Salad

### Ingredients

Salad leaves

Apple (large)

Melon

Cucumber

### Equipment

Apple corer

Plate

### Method

1. Use the apple corer to remove the core from the apple, then discard the core. Cut the remaining apple in half and use the apple corer to make apple cylinders. Cut the cylinders in half lengthways.
2. Use the corer to make cylinders of cucumber and melon and cut these lengthways also.
3. Arrange the leaves in the plate and add the cylinders of apple, cucumber and melon.