# Woodstock Veeky



The weekly newsletter from Woodstock CE Primary School

#### 2 May 2023

Edition: 26

### LETTER FROM THE HEADTEACHER

Dear Parents and Carers,

I hope this week's newsletter finds you well and that you had an enjoyable bank holiday weekend.

#### Woodpeckers' Curriculum Event:

It was lovely to see Woodpecker parents at their curriculum sharing event last Wednesday. The children enjoyed presenting much of their learning from their Egyptians theme last term and finishing with a class performance of Reach for the Stars. Thank you to parents for coming along to support your children – they loved sharing their work with you all.

#### **Coronation Celebrations:**

To mark the coronation of King Charles III we are holding a picnic for pupils on Thursday 4<sup>th</sup> May. Thank you for your advance orders for these. Pupils may come to school dressed in red, white and blue or as a King, Queen, Prince or Princess on **Friday 5<sup>th</sup> May**. Activities within each phase will be communicated separately.

We are inviting children across the whole school to design a **'stamp'** that represents the Coronation of King Charles III, with selected designs being displayed in our Coronation Gallery for the school to view. Stamp design guidelines and templates are available for the children to bring home, as well as available via Google Classroom this week if you wish to print at home instead. In addition to this, our creative arts week at the end of this term has some activities dedicated to a coronation theme too.

#### Automated External Defibrillator and Paediatric BLS training:

As Mrs Poole noted in Woodstock Weekly last week, we were delighted with the children's positive response to the Restart a Heart (RAH) day. They all certainly enjoyed visiting the ambulance too. It was also great to see so many parents attend the Basic Life Support (BLS) session in the afternoon. A number of parents requested further training on using an Automated External Defibrillator (AED) and also paediatric BLS. I have therefore arranged the following sessions:

#### BLS with an AED- Friday 19<sup>th</sup> May, 1.15pm to 2.30pm. To book your place, please click here: <u>https://forms.office.com/e/TXmXJTrmgd</u> Paediatric BLS- Friday 26<sup>th</sup> May, 1.15pm to 2.30pm. To book your place, please click here: <u>https://forms.office.com/e/0jYRpuB9cV</u>

As I have mentioned before, I volunteer as a Community First Responder (CFR) for South Central Ambulance Service (SCAS), attending 999 calls in my community ahead of an ambulance. I have seen many times how high-quality CPR from bystanders, before CFRs and paramedics arrive, can save lives. **That's why I am passionate about teaching this vital skill**. The British Heart Foundation (BHF) supply the equipment to run these sessions, in addition to training thousands of young people each year with the RAH campaign. I completed the London Marathon on Sunday, running for the BHF team. I would be very grateful if you could show your support for this important initiative. To donate please click here: <a href="https://www.justgiving.com/fundraising/christian-mcguinness3">https://www.justgiving.com/fundraising/christian-mcguinness3</a>

Many thanks in advance. Thank you to those parents that have kindly supported already. The current total is: **£1910.** 

#### **School Expansion:**

Thank you for your flexibility with the revised collection arrangements at the end of the school day to accommodate the building works. As you will have seen, the trunk road, site compound and temporary classroom have been installed. Later in the term, Red Kites will move into the temporary classroom to allow new glazing and other enabling work to take place to their current room.





#### Years 3&4 Visit to the Coronation Exhibition & Lost Gardens at Blenheim Palace

Children and staff in Years 3&4 have had a wonderful day today visiting the Coronation Exhibition in the Palace and then a picnic lunch and try out of the new Lost Gardens Adventure Park. Photographs of the day will be available soon in the gallery section of the school's website.

Thank you as always for your ongoing support.

Yours sincerely,

Mohun Christian McGuinness Headteacher

#### **Parent Governor:**

We have a Parent Governor vacancy on our governing body and so must hold an election. As many of you may already know, the governing body has an extremely important role: it is responsible for working strategically in partnership with the headteacher and staff to identify the most important aspects of the school that need to be improved, approving plans to achieve this and ensuring progress. Governors individually have no power but act collectively as a corporate team. All governors receive training to help them carry out their role. Oxfordshire Governor Services runs special induction courses for new governors – we expect all our governors to attend this training.

Parents or anyone who has parental responsibility\* for a registered pupil at the time of the election are entitled to apply. You can nominate someone for election and can vote in the election. We have a factsheet about becoming a governor that we can send you if you want more information.

All nominations should be sent to the school office by **Tuesday 9<sup>th</sup> May.** You can nominate yourself. Every nomination must be signed by the candidate, stating that they are willing to stand. Nomination forms can be collected from the school office.

#### \*DEFINITION OF A PARENT

(The Education Act 1996: Section 576 defines "Parent" to include):

- All natural parents, whether they are married or not; and
- Any person who, although not a natural parent, has parental responsibility for a child or young person; and any person who, although not a natural parent, has care of a child or young person
  (The Education Act 1996: Section 576 (1), (3) and (4), read together with the Education Act 2002: Section 212(2), gives a definition
  of "parent")
- Parent" is defined for the purposes of the Constitution Regulations as including "any individual who has or has had parental responsibility for, or cares or has cared for, a child or young person under the age of 18".
- It includes a person who the child lives with and who looks after the child, irrespective of what their relationship is with the child. The reference in the definition must be to someone involved in the full-time care of the child on a settled basis.

## Safeguarding Children Updates:

#### What to do if you have concerns about a child

If you have any concerns about a child relating to Safeguarding, please get in touch with one of our Safeguarding Leads immediately by contacting the school directly on 01993 812209 or by email <u>safeguarding@woodstock.oxon.sch.uk</u>.

If you are unable to speak to a member of our Designated Safeguarding Team at school and have a safeguarding concern, please contact the Multi-Agency Safeguarding Hub (MASH) directly who will be able to advise you. If you have a concern about a child, please call MASH on 0345 050 7666.

#### Fun with the Hedgehog Club for all the family

Available to book on the website today:

May half term activity days for 5-12-year-olds

The first dates for summer activity dates (more dates coming soon)

Summer term of The Hedgehog Club at Cogges for children from crawling to 4 years old

Book your outdoor fun today at www.thehedgehogclub.co.uk

Any questions do get in touch with Mandy on thehedgehogclub123@gmail.com



#### **Collective Worship Weekly Theme**

| Week Beginning                          | : 2/5/23 Collective Worship   |   |         |
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| Key Idea: Let's Celebrate               |   |   |         |
| Biblical Link:                          | <b>Psalm 150 1-6</b><br>Praise the LORD. Praise God in his sanctuary; praise him in his mighty heavens. Praise him for his acts of power; praise him for his surpassing greatness. Praise him with the sounding of the trumpet, praise him with the harp and lyre, praise him with timbrel and dancing, praise him with the strings and pipe, praise him with the clash of cymbals, praise him with resounding cymbals. Let everything that has breath praise the LORD. (NIV) |   |         |
| Core Value:                             | Joy   | Dear God,<br>Thank you for all the wonderful things we can celebrate,<br>Thank you for the special people in our lives,<br>who celebrate with us, |         |
| Understanding<br>Christianity<br>Theme: | God   |   |         |
| Worship Song:                           | Praise Him  | Thank you for always being there, celebrating v<br>and sharing in our joy,<br>Amen  | vith us |

### **Our World**





Each month we are suggesting one item in your shopping trolley for you to swap with a Fairtrade product (if you don't already buy them).

Product for May: Chocolate



#### Weekly Online Safety Guidance:

#### At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel It is needed. This guide focuses on one issue of many which we believe trusted adults should be gware of. Piedse visit www.nationalonlinesafety.com for further guides, bints and the for douts.

## 10 Ways You Can ss on

Last year, around one in five young people aged 10–15 in England and Wales admitted experiencing online bullying: most commonly being insulted or sworn at, or having hurtful messages sent about them. To someone who's being bullied, the world can seem like a bleak, negative place – but just one kind word can be a ray of hope: a turning point that brightens their day and refreshes their perspective. That's why 'One Kind Word' is the theme of Anti-Bullying Week 2021. We're supporting this year's event by bringing you ten top tips for beating online bullying by replacing it with kindness.

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#### PRAISE WHERE IT'S DUE

Sometimes a friend or relative might post online about something they're proud to have achieved: maybe an exam they've passed, a new skill they've learned or a task they've completed. Celebrate their hard work and determination by being kind enough to praise them for it publicly.

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#### REACH OUT

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It's not always easy to tell what kind of mood someone is in just from what they post online. Simply dropping somebody message to say 'hi', to ask if they're OK or to tell them that you're thinking of Hi ... them could totally make their day.

#### **RECOMMEND FUN THINGS**

If there's something you enjoy doing online – perhaps you play a particular game, or you've found a really cool site – share it with someone you think will enjoy it. Even recommending a film or TV show you think they'll like can bring a little happiness to someone who really needs it. • +

#### **OFFER TO HELP**

Sometimes you might see a friend or family member posting a question online or asking for help with something they can't do themselves. Don't just ignore it if you can help, get in touch. Something that's difficult for them might be no trouble for you!

#### POST POSITIVELY

Lots of people seem to go online purely to Lots of people seem to go online purely to complain about things or be negative. Just because you're communicating online (and not face to face) doesn't mean you can't be positive, though! Post about things that make you happy and that you're thankful for. It could brighten someone else's day.

#### Meet Our Expert

Carly Page is an experienced technology journalist with mo than 10 years of experience in the industry. Previously the ed of tech tabloid The inquirer, Carly is now a freelance technol iournalist, editor and consultant

www.nationalonlinesafety.com

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If somebody that you know has done something positive or shown kindness themselves, go online and thank them

SHOW YOUR APPRECIATION

with a message or a post. Expressing your gratitude costs nothing and showing someone that your gratitude showing someone that you appreciate them will really make them feel good.

#### BE UNDERSTANDING

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Showing empathy towards others is an act of online kindness which often gets overlooked. If you notice that someone you know is upset, drop them a message Sometimes people just need someone else to listen to them and understand 99

#### 8 SHARE INSPIRATIONAL POSTS

When you see something online that inspires you or makes you feel happy, share it with people you know. A spot-on quotation, a beautiful photo or an uplifting video can lift someone's spirits and help them to feel better about life.

#### 9 ) THINK BEFORE COMMENTING

Thinking before we act can be just as important as acting in the first place. Taking a second to consider what you're saying in advance could stop you from posting something negative, hurtful or offensive – even if you don't mean to. It's better to post positively or not post at all.

## D LIKE, LOVE AND ENGAGE

If somebody posts something that you like on social media, don't just scroll past – take the time to like it, love it or leave an appreciative comment! Reacting positively to other people's posts might seem like a small gesture 29 but could mean a lot to them.



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# BUILDING RESILIENCE

Resilience is our ability to cope in the face of adversity, trauma or stress. This is something we begin to learn in childhood.



# Here are some top tips for helping children build resilience.

Remember, bad feelings don't last, have a purpose and prompt us to do things differently.



- Try to normalise setbacks. Help your child to see that it is not unusual to have difficulties in life.
- Help them to see that problems can be solved.
- Encourage young people to keep things in perspective the problem is usually confined to only one part of their lives.



Remember the value of humour – laughing can be a great release (but only if it is well-intentioned).



Encourage children/young people to accept responsibility for their actions.



When reading stories, or discussing events, point out how people manage to overcome difficulties.



Remember that learning is often frustrating. Encourage children/young people to persist and believe they can get there.



Provide support. Help them to see there are people who care about them and can give them help and advice when needed.



Create a positive environment emphasising the importance of relationships and having a sense of purpose.

For more resources on mental health visit www.parentingni.org/family-wellness-project

