

Woodstock Weekly



The weekly newsletter from Woodstock CE Primary School

12 June 2023

Edition: 30

LETTER FROM THE HEADTEACHER

Dear Parents and Carers,

Welcome back to term 6, the last of this academic year. Where has the year gone? I hope this week's newsletter finds you well and you enjoyed the sunshine at the weekend, and that you escaped the storms!

Culture and Creative Arts Week

In the week running up to May half-term the children took part in a range of exciting workshops and ending the week with a Carnival Parade to celebrate and showcase the children's creativity over the week. The children worked with a mosaic specialist to create a wall mosaic to celebrate the coronation of King Charles III. It was incredible to see it develop over the week to the final piece being laid. We are sure you will agree – it looks amazing! The children also took part in Samba dancing and drumming workshops and had opportunities to design and make a carnival outfit. Thank you to parents for coming along to enjoy our carnival parade. It was a wonderful celebration to end our week.



The children were also asked to create a commemorative stamp design inspired by King Charles III – we were overwhelmed by the quality and creativity involved in all the designs. We are going to create a memory book of the children's work. Here are just a few of the pictures selected to celebrate the work of the children over the week. More pictures are available on our website: [WEBSITE GALLERY](#)



Ready, Set, Read! Summer Reading Challenge 2023:

Children across Oxfordshire can take part in the challenge at their local Oxfordshire Library from **8th July to 9th September 2023**. This year's challenge celebrates reading, sports, games and play. Children are encouraged to read at least six library books of their choice over the summer holidays. As they read, they collect stickers (some smelly) and rewards. If they complete the challenge, they will be rewarded with a Ready, Set, Read! medal and certificate. The overall aim is to encourage children to carry on reading over the long summer holiday and at the same time have some fun! In previous years over 8400 Oxfordshire children have taken part in the Summer Reading Challenge.

For more information visit: [The Summer Reading Challenge](#) and www.oxfordshire.gov.uk/summer-reading-challenge

Automated External Defibrillator (AED) and Paediatric Basic Life Support (BLS) training:

I was delighted with the response to the recent series of AED, CPR and BLS training. Thank you to those parents that attended and for the positive feedback. *"...this is the second one I have attended, and they were excellent. Mr McGuinness was extremely knowledgeable, practical and gave us the confidence to assess and respond in such situations. To best place us in a position to be of help and even potentially save a life. We were all very grateful to him and to the school for organising this wonderful training."* I intend to run these sessions again next year and will also investigate facilitating a full 6-hour certificated course.

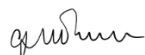


Punctuality:

Please can we remind parents that the gates are locked at 8:45am. If you arrive when the gates are shut, you will need to sign your child in at the office. We would appreciate parents' support in ensuring their children are in on time ready for registration. Pupils arriving late miss vital parts of their lessons and disrupt the rest of the class. Gates open at 8:35am so please arrive promptly so that your child has time to hang up their bags and coat and be in class, ready for registration on time.

Thank you as always for your ongoing support.

Yours sincerely,



Christian McGuinness
Headteacher

Caretaker

Grade 5 – hours negotiable – full time equivalent £21,575-£22,369

We are seeking to appoint a hard-working Caretaker who wants to make a real difference in children's lives to join our team in September 2023. This is a fantastic opportunity for the right candidate to join our well-established and supportive team.

Application form and job description are available from our Business Manager Richard Graham. Contracted hours are negotiable, please contact the Business Manager to discuss. Please contact the school by emailing sbm@woodstock.oxon.sch.uk or calling 01993 812209.

Safeguarding Children Updates:

What to do if you have concerns about a child

If you have any concerns about a child relating to Safeguarding, please get in touch with one of our Safeguarding Leads immediately by contacting the school directly on 01993 812209 or by email safeguarding@woodstock.oxon.sch.uk.

If you are unable to speak to a member of our Designated Safeguarding Team at school and have a safeguarding concern, please contact the Multi-Agency Safeguarding Hub (MASH) directly who will be able to advise you.

If you have a concern about a child, please call MASH on 0345 050 7666.

Collective Worship Weekly Theme

Week Beginning: 12/6/23		Collective Worship		
Key Idea: Showing support				
Biblical Link:	Psalm 46:1 'God is our refuge and strength, an ever-present help in trouble'. (NIV)			
Core Value:	Faith		<div>Invitation prayer</div> <div>Dear God, Thank you for all the people in our lives who support us, Help us to recognise when others need us so we can give them our support too, Thank you for always loving us, always being there and for giving us strength, Amen</div>	
Understanding Christianity Theme:				
Worship Song:	Our God is a great big God.			

Our World



Let's look at this week's story

13-year-old Max Woosey - also known as the 'Boy in the Tent' - has recently set a Guinness World Record for the most money raised by camping. Inspired by a family friend, the young teenager has raised over £750,000 for North Devon Hospice. Max spent every night in a tent since he began his challenge three years ago in the garden of his home in Braunton, Devon. 'It's been the best three years of my life,' he said, describing the challenge.

Learn more about this week's story [here](#).
Watch this week's useful video [here](#).
This week's Virtual Picture News [here](#).



UN Rights of a Child

We have the right to share freely with others what we learn, think or feel unless it harms other people.



British Values

Individual Liberty

We all have the right and freedom to raise awareness of the things that are important to us. We should consider how we choose to do this and the impact it may have on others. We can all make a positive difference!

Fun with the Hedgehog Club for all the family

Available to book on the website today:

Sunday 25th June – International Mud Day Family session

Come and join us in Hailey Wood for lots of muddy fun and games. Fun for all ages from toddlers up to 12 years old. All children must come with an adult.

£15 per child including drinks and marshmallows on the fire.

10-12.30pm at Hailey Wood near Witney.

Summer Holiday Activity Days 2nd, 3rd, 9th, 10th, 23rd and 24th August

These are full days for children aged 5 -12 years old. 9.30am to 3.30pm with an early drop off/late pick available.

Full days of learning new skills, nature connection and campfire cooking.

£37 for a day, takes place at Hailey Wood near Witney.



The Great Hedgehog Club Camp Out Wednesday 23rd August

Come and join us for a sleep over in the woods. Take part in night-time games and looking out for nocturnal wildlife.

For children aged 5-12 years. £37 a child, includes BBQ supper, breakfast and lunch for the next day.

Book your outdoor fun today at www.thehedgehogclub.co.uk

Any questions do get in touch with Mandy on thehedgehogclub123@gmail.com

Summer Reading Challenge 2023

Ready, Set, Read!

Get active this summer with a
FREE children's reading challenge at
your local Oxfordshire library!

8 July to 9 September 2023

Read library books and meet the
Ready, Set, Read! friends, who are working together
and using their skills to complete an obstacle course.

Finish the challenge and get your
own medal and certificate!

Look out for fantastic new
books and activities at your
library!

www.oxfordshire.gov.uk/libraries
www.summerreadingchallenge.org.uk



Illustrations by Emma Scherer and logo artwork by Luke Edwards. All © The Reading Agency 2023



**LITTLE
PUDDINGS**

**£40
FOR 3 HRS**

KIDS FOODIE WORKSHOPS



FUN & HANDS ON COOKING
ASIAN, ITALIAN, AMERICAN AND MEXICAN WORKSHOPS
JULY 25 & 27 (3-6PM)
AUG 1 & 3 (3-6PM)
22 BANBURY ROAD, WOODSTOCK, OX20 1LQ
WWW.THELITTLEPUDDINGS.COM

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

12 Top Tips TO SUPPORT MENTAL WELLBEING THROUGH NATURE Online and Offline

'Nature' is a superb choice as the theme of this year's Mental Health Awareness Week, as there's clear evidence that getting access to nature is excellent for our mental health. With Covid-19 restrictions beginning to ease, it's the perfect time of year to rediscover the natural world and give ourselves a calming, uplifting treat. You don't have to drag the family on a four-hour hike, either – just 10 minutes each day in the garden, in the local park or your nearest green space could really help. Here are 12 suggestions for ways you can benefit from nature ... both online and off.

ONLINE

OFFLINE

1 Give something back to nature

A swift internet search should bring up details of any local conservation projects you could volunteer for, or litter-picking events that you could enrol the family in. It doesn't have to be a long-term commitment: most schemes are grateful for every bit of help!

1 Ditch the phone

Now the weather's improving, go for a walk in a green space nearby. If you're already familiar with your chosen route, you could always leave your phone at home to be completely free of the usual distractions and notifications.

2 Tranquil streams

Search your preferred music player for some soothing natural sounds. A few minutes' gentle audio of rainfall, ocean waves or birdsong are all great ways of unwinding at the end of the day to get you ready for an excellent night's sleep.

2 Put down some roots

Planting flowers, shrubs, herbs or vegetables can be extremely rewarding. Not only does it help us to connect with nature – it also provides an ongoing project to draw pleasure from. If your home doesn't have a garden, no problem: a window box will do the job just as well!

3 Give geocaching a go

If you've not heard of it, geocaching is a modern twist on the traditional treasure hunt. Participants look for items hidden in outdoor locations, using a GPS-enabled device like a mobile phone or tablet. We'd recommend that an adult accompanies young adventurers!

3 A different kind of tweet

Most gardens in the UK attract a wonderful variety of birds, and just watching them for a few minutes can be immensely therapeutic. There are some excellent apps and sites to help you name any species you don't already know or even play a game: identifying bird song, like bird song bingo!

4 Share what you see

While you're out exploring nature, take a photo or video of anything you find that inspires you. Not only will it be a nice memory for you to look back on, but you could also share it safely on social media and maybe motivate others to engage with the natural world!

4 Feed your feathered friends

Hang a bird feeder where you can easily see it from a window. Then enjoy the feelgood factor of satisfied avian visitors perching where you can see them. For something more advanced, you could try building a nesting box to fix onto a fence or under a windowsill.

5 Watch the stars

Looking at the night sky can be incredibly calming. There are some comprehensive stargazing websites and apps to help you locate and recognise different stars. It can take 20 minutes or so before you can see stars fully in the dark, even on clear nights, so allow your eyes time to adjust.

5 Park your worries

If you're lucky enough to live within easy travelling distance of a park, you'd benefit from using it. Whether it's to play ball games, get on your bike, walk the dog or just get some fresh air into your lungs, the potential bonuses for mental health are enormous.

6 Wildlife on the web

A Google search will bring up lots of sites that stream webcam footage of nature. From seals to barn owls, rabbits to badgers, you can get an intimate, heart-warming view of all kinds of animal communities from inside the comfort of your own home.

6 Art and soul

Younger children will enjoy drawing or painting animals or nature scenes, or writing a poem or song lyrics about nature. For extra art or crafting fun, you could collect natural materials – leaves, feathers, tree bark or seeds, for example – to use in your creations.

Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



National Online Safety
#WakeUpWednesday

Sources: <https://nhf.org.uk/coronavirus-lockdown-we-need-nature-now-more-ever/> | <https://www.nationalgeographic.com/magazine/article/call-to-wild/> | 'Mental Health and Nature', Mind, 2018



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 12.05.2021

HOW TO SUPPORT *YOUR CHILD'S* MENTAL HEALTH

 @BELIEVEPHQ

www.BelievePerform.com



LOVE

Be there for your child and show care and love



EXERCISE

Encourage play, exercise and sport



BEHAVIOUR

Keep an eye out for any changes in behaviour



SUPPORT

Regularly support, encourage and praise your child



REST TIME

Help your child to manage stress by building in some rest time



BE PROUD

Tell your child that you are proud of them



PATIENCE

Be patient. Don't pressure your child



HELP

Don't be afraid to seek help from professionals



FEELING

Get to know how your child is feeling



EDUCATE

Educate yourself about mental health problems



PROBLEM SOLVING

Help your child to effectively problem solve



LISTEN

Make sure you take time to listen to what your child has to say



COPING

Help your child to learn some simple coping skills such as relaxation



SYMPTOMS

Be aware of signs and symptoms



CONVERSATION

Encourage your child to engage in conversation



ENVIRONMENT

Provide a positive environment for your child where they can thrive

