

Woodstock Weekly



The weekly newsletter from Woodstock CE Primary School

3 July 2023

Edition: 33

LETTER FROM HEADTEACHER

Dear Parents and Carers,

I hope this week's letter finds you all well. Term 6 is traditionally a busy term in school. With a packed calendar of trips, events and visits we are definitely keeping up with that tradition!

Year 6 Residential:

Year 6 had a fabulous time on their residential last week at the Frontier Centre in Northamptonshire. Residentials are always magical experiences and I know that all pupils will have wonderful memories to cherish for years to come. I'm sure you will all join me in thanking all the staff that made this possible. For a taste of the week have a look at the website gallery: [WEBSITE GALLERY](#)



Year 2 trip to Hill End:

THEY HAVE ARRIVED SAFELY! Year 2 pupils were full of excitement as they set off this morning for their overnight visit to Hill End. I know they will have a wonderful time and look forward to hearing all about it.



Sport and Health Week: Week Beginning Monday 17th July:

The week beginning Monday 17th July we will be hosting our annual Sport and Health Week. Mr McKay has organised various sporting experiences to develop a range of new skills for the children. Sports Day will be held on the final day of term, Friday 21st July where you are invited to come and watch your child/ren's year groups take part, the timings for each phase are below. We will ensure the main blue gate onto the Years 3&4 playground are opened just before the start of each phase race. As you will appreciate, for safeguarding purposes, we are required to lock the gates between each session, so we advise arriving promptly.

Phase	Timings
EYFS: Nursery & Reception	09.15 – 10.15
KS1: Years 1 & 2	10.30 – 11.30
KS2: Years 3&4	13.05 – 13.55
KS2: Years 5&6	14.05 – 14.55

Year 6 Performance:

Pupils are busy rehearsing for their upcoming performance on Wednesday 12th and Thursday 13th July. If the sounds from the hall are an indicator of what is coming, you are in for a real treat!

Annual Reports:

Pupils' end of year reports will be sent home in sealed envelopes on Friday 14th July.

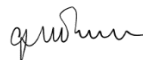
Ready, Set, Read! Summer Reading Challenge 2023:

Children across Oxfordshire can take part in the challenge at their local Oxfordshire Library from **8th July to 9th September 2023**. This year's challenge celebrates reading, sports, games and play. Children are encouraged to read at least six library books of their choice over the summer holidays. As they read, they collect stickers (some smelly) and rewards. If they complete the challenge, they will be rewarded with a Ready, Set, Read! medal and certificate. The overall aim is to encourage children to carry on reading over the long summer holiday and at the same time have some fun! In previous years over 8400 Oxfordshire children have taken part in the Summer Reading Challenge.

For more information visit: [The Summer Reading Challenge](#) and www.oxfordshire.gov.uk/summer-reading-challenge

Thank you as always for your ongoing support.

Yours sincerely,



Christian McGuinness
Headteacher

Safeguarding Children Updates:**What to do if you have concerns about a child**

If you have any concerns about a child relating to Safeguarding, please get in touch with one of our Safeguarding Leads immediately by contacting the school directly on 01993 812209 or by email safeguarding@woodstock.oxon.sch.uk.

If you are unable to speak to a member of our Designated Safeguarding Team at school and have a safeguarding concern, please contact the Multi-Agency Safeguarding Hub (MASH) directly who will be able to advise you.

If you have a concern about a child, please call MASH on 0345 050 7666.

NSPCC Updates for Parents and Families



The NSPCC have updated some of their guidance on supporting children with mental health issues. Please follow the links to some very useful pages on their website.

Child Mental Health: click [here](#)

The Safeguarding Network: click [here](#)



Collective Worship Weekly Theme

Week Beginning: 03/7/23		Collective Worship	
Key Idea: Respect, protect, enjoy			
Biblical Link:	<p>Genesis 1: 9-13 '9 And God said, "Let the water under the sky be gathered to one place, and let dry ground appear." And it was so. 10 God called the dry ground "land," and the gathered waters he called "seas." And God saw that it was good. 11 Then God said, "Let the land produce vegetation: seed-bearing plants and trees on the land that bear fruit with seed in it, according to their various kinds." And it was so. 12 The land produced vegetation: plants bearing seed according to their kinds and trees bearing fruit with seed in it according to their kinds. And God saw that it was good. 13 And there was evening, and there was morning—the third day.' (NIV)</p>		
Core Value:	service		
Understanding Christianity Theme:			
Worship Song:	All things bright and beautiful		
<div>Invitation prayer</div> <p>Dear God, Thank you for the beautiful world we live in, Thank you for all the wonderful places we can visit and enjoy, Help us to respect, protect and care for all your creation, Amen</p>			

Our World



Should everyone learn the Countryside Code?

Let's look at this week's story

A new UK government campaign hopes to encourage young people to 'respect, protect and enjoy' the countryside. The campaign follows new research from Natural England, which shows that 80% of children and young people agreed that looking after the environment was important to them, and 83% said they wanted to do more to look after nature and wildlife. The well-known cartoon character, Shaun the Sheep is the new face of the Countryside Code.

Learn more about this week's story [here](#).
 Watch this week's useful video [here](#).
 This week's Virtual Picture News [here](#).



UN Rights of a Child

The Countryside Code provides guidelines to help us protect and care for the countryside whilst we enjoy it to rest, relax or play. We all have the right to rest, relax and play.



British Values

Mutual Respect

The Countryside Code helps us all to work together as a society, to do the right actions for both people and places.



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REST, PLAY, CULTURE, ARTS

PTA NEWS

Rounders Social - Friday 7th July from 5pm, Woodstock Football Field

Family-friendly, fully inclusive & lots of fun. All families, teachers, staff, friends and dogs are very welcome to join us for a game of rounders. Pre-order a pizza and ice cream available or bring a picnic and enjoy an evening of games and fun! Fully licensed bar available.

Rounders Social Sign-Up Form: <https://forms.gle/RtXtAFcPuBnr3ma3A>

Summer Festival - Sunday 17th September 1pm to 5pm, Marlborough School

Join us for 4 hours of controlled chaos and good times! We are so excited to be hosting a Summer Festival featuring 3 fully charged Super Pirates for all kids aged 3+. The afternoon of fun will include group games, extreme dodgeball, messy play, talent shows, challenges, glitter tattoos, inflatables, giant parachutes, party hairstyling, a sober bar and tuck shop, a star tent and family rave! All proceeds will go to PTA. Everything included in the ticket price except for glitter tattoos, hair styling, tuck shop and sober bars which are all subject to small additional charges. Wristbands will be available to collect from school the week before the event. This event is for children aged 3 and over.

Summer Festival Booking Form: <https://forms.gle/stBnWKLq2jTsJeQV6>

Family-friendly, fully-inclusive & lots of fun

PTA ROUNDERS SOCIAL

All families, teachers, staff, friends and dogs very welcome to join us for a game of rounders. Pre-order a pizza and ice cream available or bring a picnic and enjoy an evening of games and fun!



7TH JULY FROM FROM 5.00PM
FIRST MATCH: 5.30
THE FOOTBALL FIELD, WOODSTOCK
ACCESS VIA NEW ROAD



WOODSTOCK PTA PRESENTS A SUPERPIRATES

SUMMER FESTIVAL



JOIN US FOR 4 HOURS OF CONTROLLED CHAOS & GOOD TIMES
Featuring 3 fully charged SuperPirates

SUNDAY SEPT 17	FROM 1PM TO 5PM	OX20 1LP
Group games Extreme Dodgeball Messy Play Sober Bar & Tuck Shop	Talent Shows Full Play Area Challenges Glitter Tattoos	Star Tent & Family Rave Inflatables Giant Parachutes Party Hair-Styling

At Marlborough School,
Shipton Road,
OX20 1LP
Parking on site available



Limited Tickets Available
Scan The QR Code
for more information
& to book tickets



The Family Campout® Hill End



Saturday 8 - Sunday 9 July 2023

A wonderful opportunity to stay in our bell tents this summer!
12 tents, sleeping up to 8 people in each
BBQ, s'mores, breakfast, activities and games all included

£55 adult / £35 child



www.hill-end.org/activities/upcoming-events

 hill_end_centre
 HillEndOEC
Hill_End Hill End Outdoor Education Centre, OX2 9NJ 01865 863510



KIDS FOODIE WORKSHOPS

**£40
FOR 3 HRS**



FUN & HANDS ON COOKING
ASIAN, ITALIAN, AMERICAN AND MEXICAN WORKSHOPS
**JULY 25 & 27 (3-6PM)
AUG 1 & 3 (3-6PM)**
22 BANBURY ROAD, WOODSTOCK, OX20 1LQ
WWW.THELITTLEPUDDINGS.COM

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What Parents & Carers Need to Know about GROUP CHATS

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WHAT ARE THE RISKS?

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert: potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

Advice for Parents & Carers

CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing Internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS
National Online Safety®
#WakeUpWednesday

Source: <https://www.bbc.com/news/health-56123456> | <https://www.bbc.com/news/health-56123456> | <https://www.bbc.com/news/health-56123456>



www.nationalonlinesafety.com



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10 WAYS TO BOOST YOUR CREATIVITY



@BELIEVEPHQ



LOSE YOUR PRIDE

If you're not worried who gets the credit for creativity, then you'll love building new ideas with other creatives



STAY CALM

Get in control of your thoughts and emotions. Learn some relaxation techniques to keep your mind and body under control



GO NATURAL

Even pictures of nature inspire people's minds to be more creative. Better still, get out in the wild!



MOVE MORE

Research shows people come up with more ideas after even minimal activity

USE YOUR HANDS

Working with materials and models will help you create more ideas



BELIEVEPERFORM
Mental Health & Wellbeing



COMFORT ZONE

Don't be afraid to push yourself out of your comfort zone. Get comfortable with being uncomfortable



ENERGY

Manage your energy levels effectively by eating a well balanced diet and staying hydrated throughout the day



SEARCH FOR EVIDENCE

Get a list of all the times in the past when you've come up with creative solutions to things



TAKE A BREAK

Stop and pause for a moment. Take a break to refresh your body and mind



HANG OUT WITH CREATIVE PEOPLE

Who are your most creative friends? Go and spend some time with them and pick their brain about what helps them be creative