Your School Lunch

Let's Eat • TOGETHER •

WEEK ONE Week Commencing: 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 8th Mar (** =Vegan option available)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
**Margherita Pizza (Cheese & Tomato) *(V, EF)* Tomato Pasta *(VG)* Rainbow Rice Salad *(VG)* Peas & Baked Beans Ginger Biscuit *(VG, EF, DF)*	Cajun Beef & Bean Tortilla *(EF)* Cajun Vegetable & Bean Tortilla *(V, EF)* Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Mixed Salad & Sweetcorn Lemon Cake *(V, DF)*	Roast Loin of Pork *(GF, DF, EF)* **Quorn Roast *(V, GF)* Wholemeal Tuna & Cucumber Sandwich *(EF, DF)* Roast Potatoes, Yorkshire Pudding, Cabbage & Carrots Chewy Vanilla Cookie *(VG, EF)*	Sticky BBQ Chicken with Rice *(DF, EF, GF)* Mac 'n' Cheese *(V, EF)* Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Broccoli & Vegetable Medley Flapjack *(VG, DF, EF)* with Raisins	Fish Fingers *(DF, EF)* **Veggie Sausage Roll *(V, EF)* Cheddar Cheese, Tomato & Onion Pasta Salad *(EF)* Chips or Pasta Peas & Sweetcorn Strawberry Ice Cream *(V, GF, EF)* with Pineapple

WEEK TWO Week Commencing: 9th Nov, 30th Nov, 4th Jan, 25th Jan, 22nd Feb, 15th Mar (** =Vegan option available)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
**Margherita Pizza (Cheese & Tomato) *(V, EF)* Mild Mexican Chilli Loaded Hash Browns *(VG, GF)* Wholemeal Egg Mayo Sandwich *(V, DF)* Sweetcorn & Baked Beans Vanilla Oat Traybake *(VG)*	Sausage Plait *(DF)* Crispy Veggie Dippers *(VG)* Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Oven Baked Potato Wedges Peas & Carrots Shortbread *(VG, EF, DF)* with an Orange Wedge	Cottage Pie *(GF, EF)* **Veggie Cottage Pie *(V, EF, GF)* Wholemeal Cheese & Tomato Sandwich *(V, EF)* Cauliflower & Vegetable Medley Crunchy Cornflake Cookie (VG, EF, DF)	Beef Meatballs in Tomato Sauce *(GF, DF, EF)* Veggie Meatballs in Tomato Sauce *(VG, GF)* Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Pasta, Sweetcorn & Carrots Cinnamon Swirl Sponge *(V, DF)*	Chicken Nuggets *(DF, EF)* Veggie Samosa's *(VG)* Breaded Salmon Wrap with Mayo & Lettuce *(EF, DF)* French Fries or Pasta Baked Beans or Peas Strawberry Jelly *(VG, GF, DF, EF)* with Peaches

WEEK THREE Week Commencing: 16th Nov, 7th Dec, 11th Jan, 1st Feb, 1st March, 22nd Mar (** =Vegan option available)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
**Margherita Pizza (Cheese & Tomato) (V, *EF*) Spinach & Potato Curry with Rice *(VG)* Cheese & Cucumber Wrap *(V, EF)* Peas & Baked Beans Melting Moment *(VG, DF, EF)*	Pork Sausages with Gravy *(DF, EF)* Veggie Sausage with Gravy *(VG, GF)* Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Mashed Potato, Cabbage & Carrots Rock Cake *(VG)* with Melon	Roast Chicken Breast *(GF, EF, DF)* **Quorn Roast *(V, GF)* Tuna & Sweetcorn Pasta Salad *(DF, EF)* Roast Potatoes & Yorkshire Pudding with Gravy Cauliflower & Green Beans Lemon Oat Cookie *(VG, EF, DF)*	Beef Bolognaise with Twisty Pasta (*DF, EF*) Veggie Bolognaise with Twisty Pasta *(VG,)* Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Carrots & Peas Iced Sprinkle Cake (V, DF)	Flipper Dippers *(DF, EF)* **Pizza Pinwheel *(V, EF)* Wholemeal Egg Mayo & Lettuce Sandwich *(V, DF)* Chips or Pasta Sweetcorn or Baked Beans Vanilla Ice Cream *(V, GF, EF)* with Mandarins

Available Daily – Fresh bread, Salad Bar, and lots of Fresh water, as well as a choice of natural yoghurt, or fresh fruit as an alternative to dessert

Allergy advice – All our food is prepared in a kitchen where any of the 14 Allergens may be present, and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergeninformation is available from your school. Any fish we serve will vary depending on availability.

We only select fish from sustainable sources.

Suitable for vegetarians or vegetarian option available.

Our fish and chicken dishes may contain bones.

KEY:
V VEGETARIAN
VG VEGAN
EF EGG FREE
DF DAIRY FREE
GF GLUTEN FREE

OXFORDSHIRE COUNTY COUNCIL